

Europe Packing List

Travel Essentials

- Passport/ID + Visa (if needed)
- Credit/debit cards, cash
- Printed/digital travel itinerary
- Travel insurance documents
- Solar power bank (so you never run out of juice)
- Bluetooth headphones/earbuds
- Healthy travel snacks (because airport pretzels = sadness)
- Reusable water bottle with filter (you can never be too careful)
- TSA-approved toiletry kit
- Dry shampoo or travel-sized hair care
- Lip balm & moisturizer (planes + city air = dry skin)
- Small first-aid kit
- PPE kit with face masks & hand wipes
- Medications (Rx + painkillers, motion sickness meds)
- Undergarments (pack more than you think you need — trust us)
- Swiss army knife (in check-in baggage)
- Duct tape (the MacGyver of travel gear)
- Packing cubes (the unicorn of suitcase organization)
- Travel laundry detergent sheets (for longer stays)

Clothing & Accessories

(Mix-and-match. Neutrals = fewer items needed.)

- 1 lightweight jacket or trench coat (weather is unpredictable)
- 1 lightweight sweater or cardigan
- 2-3 long woolen stockings (for cold weather)
- 1 light scarf or shawl (for style, churches, or chilly flights)
- 1-2 smart-casual outfits or tops (for dinners or theater nights)
- Packable umbrella or compact rain jacket (rain can surprise you anywhere)
- 3-4 T-shirts/tanks (breathable fabric for summer)
- 2 pairs of shorts (quick-dry or dressy)
- 1 pair of lightweight pants (linen or chinos)
- 1 pair of jeans (Europeans live in them — even in summer)

- [1 summer dress/skirt](#) (optional but great for photos & breezy comfort)
- [5–7 pairs of socks & underwear](#) (do laundry once on the trip)
- [Sleepwear](#)
- [Swimsuit](#) (for beach, hostel pool, or spa day)
- [Hat & sunglasses](#)
- [Comfortable walking shoes](#) (cobblestones are real!)
- Optional: [sandals or slip-ons](#) (for hostel showers or dressier looks)

Tech & Travel Essentials

- [EU power adapter](#) (Europe = Type C, E, or F plugs)
- [Voltage converter](#) (if your devices require it)
- [International travel SIM card](#) (stay connected)
- [Anti-theft crossbody bag](#) (important in busy tourist areas)

Backpacking Europe Packing List

Perfect for those using a backpacking Europe packing list or anyone going minimalist:

- [40–50L travel backpack](#) or [hybrid suitcase](#)
- [Packing cubes](#) (for organization in small hostels or tiny rooms)
- [Small crossbody anti-theft bag](#)
- [Microfiber towel](#) (dries fast, saves space)
- [Flip-flops or slides](#) (hostel showers = yikes)
- [Small combination lock](#) (for lockers)
- [Reusable water bottle with filter](#)
- [Laundry kit](#) (detergent sheets, sink stopper, travel clothesline)

Summer Europe Packing Tips

Planning a sun-soaked getaway? Here are some must-haves for your summer Europe packing list so you don't melt in Milan.

- [Pack breathable fabrics](#) like linen or moisture-wicking cotton
- [Bring sunscreen and after-sun gel](#) (Europe's sun hits differently)
- [Use anti-chafe balm](#) for long walking days
- Avoid bulky items — everything should layer or roll easily
- Dark clothes = less visible dirt, better repeat wear

Pro Packing Tips

- **Layer up.** Navigating [trains in Europe](#) and narrow streets is easier without bulky luggage, and you'll look effortlessly European.
- **Pack light and smart.** Do laundry, rewear clothes, and buy local items. Leave space for souvenirs (and pasta).